



# Lethbridge FC Chinook Cup Outdoor Youth Soccer Tournament Rules



## Boys and Girls Age Divisions

U10 (2016) Tier 1-4 – 7v7

U11 (2015) Tier 1-4 – 7v7

U12 (2014) Tier 1-4 – 9v9

U13 (2013) Tier1-4 – 9v9

U15 (2011 and 2012) Tier1-4 – 11v11

U17 (2009 and 2010) Tier1-4 – 11v11

U19 (2007 and 2008) Tier 1-4 – 11v11

- Registration now open.
- Register at [www.lethbridgesoccer.com](http://www.lethbridgesoccer.com)
- Each team is guaranteed 3 games.
- Some divisions/ tiers may be combined if less than 4 teams registered/ age division.
- Each team will be allowed to register 20 players and dress 20 players per game.
- Games will be scheduled for Friday evening. Friday games start at 7:00pm.
- All games will be at Lethbridge Sports Park (2801 30 Ave N, Lethbridge AB).
- Entry Fee: \$675.00/team, registration after May 8, 2026 entry fee is \$775.00.
- Entry Deadline for Tournament Friday May 8, 2026.

**Make cheque payable to:** Lethbridge Soccer Association

Attention: Kristy Lauzon

2501 28 Avenue South

Lethbridge, Alberta T1K 7L6

Ph: (403) 320-5425

Email: [kristy@lethbridgesoccer.com](mailto:kristy@lethbridgesoccer.com)

Website: [www.lethbridgesoccer.com](http://www.lethbridgesoccer.com)



The purpose of this policy is to ensure a safe and positive environment within LSA sanctioned programs, activities and events by making all individuals aware that there is an expectation of appropriate behavior consistent with the values of LSA, at all times.

## LSA - COACH CODE OF CONDUCT

- Consistently display the highest standards of behavior and be a positive role model.
- Never engage in public criticism of anyone in any situation on or off the field.
- Place well-being and safety above all other considerations, including performance and results.
- Coaches are to treat players, parents, referees, team and association officials with fairness, politeness and respect and will not discriminate based on religion, race, ethnicity, gender or disability.
- Coaches will attempt to develop all players on a team or in a player pool.
- Coaches will not use vulgar or profane language at games or practices.
- Coaches are to arrive on time and be fully prepared for all games and practices.
- Coaches will teach players to play fairly and to respect the rules, referees, opponents, and spectators.
- Ensure players, staff, and spectators respect the field boundaries for training and match play.
- Ensure that all coaches adhere to the Rule of Two (at least two adults present) when interacting with minors on and off the field.
- Ensure all digital communication between players and coaches must take place on designated association platforms and must always adhere to the rule of 2 (no 1-1 communication).  
Communication between coaches and players using personal social media or digital channels is not permitted.
- Coaches will ensure that equipment and facilities are safe and match the players' ages and abilities.
- Show zero tolerance for offensive language, behavior or any form of bullying.
- Inform parents of any injuries their child might have suffered without delay.
- Coaches will never take part in a practice, game or team event while under the influence of drugs and/or alcohol Coaches will not smoke at games or practices
- Coaches will dress appropriately in approved association gear wear for all games and practices.
- Coaches are responsible for the payment of any fine imposed on the association by a league or by ASA that is a consequence of their behavior
- Adhere to ASA Code of Conduct - ALBERTA SOCCER ASSOCIATION - Code of Conduct and Ethics
- Participate only in ASA Sanctioned Events.



## ENFORCEMENT OF COACH CODE OF CONDUCT

Enforcement of the Coach Code of Conduct is the responsibility of the LSA Board of Directors & TD and any allegation of a violation of the Coach Code of Conduct must be made in writing to the association. The Coach will be informed in writing of the allegation and the association will determine if the allegation is substantiated. If it is, then penalties will vary according to the seriousness of the allegation, and whether there have been previous violations, and will range from a written warning to dismissal.

## LSA - PLAYER CODE OF CONDUCT

- Players are to treat other players, parents, referees, and team and association officials with fairness, politeness and respect and will not discriminate based on religion, race, ethnicity, gender or disability.
- Players will not use vulgar or profane language at games or practices.
- Not engage in negative comments towards players or teams through any social media platforms.
- Players are to arrive on time and be fully prepared for all games and practices.
- Ensure all digital communication between players and coaches must take place on designated association platforms and must always adhere to the rule of 2 (no 1-1 communication). Communication between coaches and players using personal social media or digital channels is not permitted.
- Players will never take part in a practice, game or team event while under the influence of drugs and/or alcohol.
- Players will not smoke at games or practices.
- Players will dress appropriately in approved association gear to wear for all games and practices.
- Players are responsible for the payment of any fine imposed on the association by a league or by OSA that is a consequence of their behavior
- Adhere to ASA Code of Conduct - ALBERTA SOCCER ASSOCIATION - Code of Conduct and Ethics
- Participate only in ASA Sanctioned Events.

## ENFORCEMENT OF PLAYER CODE OF CONDUCT

Enforcement of the Player Code of Conduct is the responsibility of the Team Head Coach, LSA Staff & TD and any allegation of a violation of the Coach Code of Conduct must be made in writing to the association. The Player will be informed in writing of the allegation and the association will determine if the allegation is substantiated. If it is, then penalties will vary according to the seriousness of the allegation, and whether there have been previous violations, and will range from a written warning to dismissal.



## LSA - PARENT CODE OF CONDUCT

- Parents are to treat players, other parents, referees, and team and association officials with fairness, politeness and respect and will not discriminate based on religion, race, ethnicity, gender or disability.
- Parents will not use vulgar or profane language at games or practices.
- Remain outside the field of play and within the Designated Spectator Area.
- Refrain from yelling or coaching from the sidelines during training sessions or games.
- Parents are to encourage Players at all games and practices and refrain from making negative comments.
- Parents will never attend a practice, game or team event while under the influence of drugs and/or alcohol.
- Parents will not smoke at games or practices.
- Parents are responsible for the payment of any fine imposed on the association by a league or by ASA that is a consequence of their behavior.

## ENFORCEMENT OF PARENT CODE OF CONDUCT

Enforcement of the Parent Code of Conduct is the responsibility of the Team Head Coach, LSA Staff, LSA Board of Directors & TD and any allegation of a violation of the Coach Code of Conduct must be made in writing to the association. The Player will be informed in writing of the allegation and the association will determine if the allegation is substantiated. If it is, then penalties will vary according to the seriousness of the allegation, and whether there have been previous violations, and will range from a written warning to dismissal.

## FAIR PLAY AND SPORTSMANSHIP

The purpose of the tournament is to provide players with a positive and enjoyable experience. Players, coaches, and parents are asked to remember that the game of soccer is to make players better people as well as good soccer players. This may be done by respecting the game officials and applauding the skillful play of the players of both teams. If there is an issue with a parent or coach, they will be asked to leave the facility immediately. Failure to do so may result in the game being abandoned and team expelled from the tournament.



## 1. ZERO TOLERANCE POLICY

This is a zero tolerance tournament.

All players, coaches and parents will be removed from any outdoor field:

- verbally abusive towards any tournament official (referee/assistant/tour members)
- verbally abusive towards another spectator/team

If any of the above incidents occur, this person or persons will be removed for the remainder of the tournament. If the person is still persistent, police will be called in to deal with that person.

## 2. TEAM REGISTRATION

- All teams will use their 1st game sheet as their official tournament roster. Birthdates must be completed on the first game sheet only.
- Registration of team must take place ½ hour before your first game at Tournament Headquarters
- Late registration of players will not be accepted. Likewise, adding players to your roster after your first game will not be accepted.
- The roster must list all players (up to a maximum of 20) that a team intends to use during the tournament.
- As per ASA Rule 17.1, when the colors of competing teams are similar, home team (first team on scheduled game) shall use alternate colors.
- Ensure guest players have permission forms.

## 3. ELIGIBLE PLAYERS/COACHES

- A player must be registered with your district for the current outdoor season.
- All players & teams must be currently registered and in good standings with their home organization.
- A player may only play for one team during the tournament.
- Teams will be allowed to register a maximum of 3 guest players.
- Any 20 players shall be dressed for one game. 3 Coaches/Managers are allowed on the bench, one of which must be of same gender of the team.



#### 4. POINTS & STANDINGS

- a) 3 Points for a win
- b) 1 Point for a tie
- c) 0 Points for a loss
- d) For all games, the final score recorded will not exceed a margin greater than five (5) goals. (For example, if the score of a game is 10 – 2, it will be officially recorded as 7 – 2)

#### 5. Rules of the Game

- a) There shall be no overtime in any game
- b) Games shall consist of:
  - i. U10 – 2 x 25 minute halves, NO OFFSIDES 7 v 7 Format, Dribble ins, size 4 soccer ball
  - ii. U11 - 2 x 25 minute halves, - NO OFFSIDES 7 v 7 Format, throw ins, size 4 soccer ball
  - iii. **U10-U11 – RETREAT LINE is 1/3 of the field**
  - iv. U12 – 2 x 30 minute halves, OFFSIDES 9 v 9 Format, No retreat line, throw ins, size 4 soccer ball
  - v. U13 - 2 x 35 minute halves, OFFSIDES 9 v 9 Format, No retreat line, throw ins, size 5 soccer ball
  - vi. U15 – 2 x 40 minute halves, offsides 11v 11 Format, size 5 soccer ball
  - vii. U17 – 2 x 40 minute halves, offsides 11v 11 Format, size 5 soccer ball
  - viii. U19 – 2 x 40 minute halves, offsides 11 v 11 Format, size 5 soccer ball
- c) Round robin games to terminate at the end of regulation time.
- d) Teams tied in points after the completion of round robin play will have tie breaking rules applied. Penalty kicks to be taken if tie-breaking rules do not produce a winner.
- e) For all FINALS and Bronze medal games, where games are tied at the end of regulation time, penalty kicks shall be taken to decide a winner. A.S.A. Penalty kick rules will apply. All other games may end in a tie.

#### 6. SUBSTITUTIONS

- a) Substitutions can be made any time there is a stoppage in play that allows for a substitution at the referee's discretion. Substitutions are unlimited and as many players as requested can be replaced.



## 7. TIE BREAKING RULES

The following tie breaking rules will be used to determine final standing where two or more teams are tied on points taking the whole round-robin into consideration where applicable.

- a) Previous Match Results – the most points gained in the match(es) between the teams concerned shall be used to determine the final standing.
- b) Goal Difference – for any team still tied, by deducting goals against from goals for, in all games, the highest goal difference shall be used to determine the final standings.
- c) Fewest Goals Conceded – for any teams still tied, the fewest goals conceded, in all games, shall be used to determine the final standings.
- d) Highest Goals Scored – for any teams still tied, the total of goals scored in all games shall be used to determine the final standing.
- e) For any teams still tied, penalty kicks shall be taken to determine which team advances to the next stage of the competition. A.S.A. Penalty kick rules shall apply
- f) In any three (3) team round-robin, whether part or whole of the competition, the third game of a specific group shall be played to a decision if the team not participating has zero points, has been suspended or has withdrawn. Any third game of a three-team round robin that requires a result will go directly to penalty kicks. A tie will still be the final result, but these penalty kicks will determine who is first and second in a group.

## 8. GAME SHEETS

- a) A separate game sheet shall be used by each team for each game played
- b) All player names shall be printed on each game sheet which must be signed by the coach.

## 9. TRAVEL PERMITS:

Teams travelling from outside of Lethbridge need a copy of their ASA Provincial Roster signed by their District Organization. All out-of-province teams must also produce a travel permit from their provincial or state organization authorizing travel.



## 10. DISCIPLINE

- a) All discipline matters for the Tournament will be administered by the Program Coordinator, whose decisions are final.
- b) A player receiving a Red or 2 Yellow cards during a single game shall automatically be suspended for the next game.

## 11. FREE KICKS

- a) U10 - U13 - Until the ball is in play, all opponents must remain at least 6 metres from the ball.
- b) U15 - U19 – IFAB laws of the game

## 12. AWARDS

- a) Presentation of awards will be held at headquarters (Lethbridge Sports Park BBQ Shelter). Awards will be presented to the number of teams noted on your schedule.
- b) Groups with 4 teams will be presented with Gold and Silver Medals only + Championship trophy for winning team to take back to their club.
- c) Groups with 5 or more teams will be presented Gold, Silver and Bronze medals + Championship trophy for winning team to take back to their club.

## 13. ON FIELD MEDICAL DISTRESS

- Injuries occurring that require on-field medical attention will not result in additional “make-up game time” being allocated.
- If there is a serious injury that occurs in the first half and results in a stoppage in play for more than 10 minutes the Program Director, in consultation with the referee in Chief, will determine how the result for that game will be determined.
- Where game time remains greater than 10 minutes game play will resume with the final score determining the outcome.
- Should the score be tied, and game play can resume with less than 10 minutes remaining on the clock coaches may elect to go to penalty shots to determine a winning team.
- If less than 5 minutes remain on the clock the Penalty Shoot-Out is not an option and game play will resume until time runs out.
- Should one coach wish to play out the remaining time whereas the other coach desires a penalty shoot-out, a flip of the coin by team captains will resolve the issue.
- Where resolution requires a coin flip the referee will request tournament officials oversee the coin flip.



## 14. LIGHTNING SAFETY AND SEVERE WEATHER

### WHEN THUNDER ROARS, GO INDOORS!

- a) Match Officials have the final say over delaying or restarting a match due to severe weather.
- b) As soon as you hear thunder it is required to stop play and seek shelter.
- c) A safe location is considered a fully sheltered building. If no building is accessible a vehicle is a safe option. If caught outdoors, take shelter in a low lying area. Avoid trees or tall objects.
- d) It is safe to resume the game 30 minutes after the last sound of thunder.

### AIR AWARE : Air Quality

- a) The Match Official reserves the right to cancel the game if the conditions are considered dangerous, in the Match Official's opinion.
- b) If the affiliated member has not cancelled games in advance all teams and match officials should arrive ready to play. If the AQHI is at "7" at the next calculation the match official should consider delaying or cancelling the game. If the game is cancelled it is required to write on the game sheet; the reason for abandonment with Index Calculation, time & date and AQHI station used.